

GENDERING EUROPEAN WORKING TIME REGIMES

The standard approach to regulating working hours rests on gendered assumptions about how paid and unpaid work ought to be divided. In this book Ania Zbyszewska takes a feminist, socio-legal approach to evaluate whether the contemporary European working-time regimes can support a more equal sharing of this work. Focusing on the legal and political developments surrounding the EU Working Time Directive and the reforms of Poland's Labour Code, Zbyszewska reveals that both regimes retain this traditional gender bias and suggests the reasons for its persistence. She employs a wide range of data sources and uses the Polish case to assess the EU influence over national policy discourse and regulation, with the broader transnational policy trends also considered. This book combines legal analysis with social and political science concepts to highlight law's constitutive role and relational dimensions, and to reflect on the relationship between discursive politics and legal action.

ANIA ZBYSZEWSKA is a Postdoctoral Research Fellow at University of Warwick Law School.

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The Working Time Directive and the Case of Poland

ANIA ZBYSZEWSKA



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To my parents, Bogumiła and Bogdan;
and to their mothers.

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ABBREVIATIONS

AWS	Electoral Action Solidarity
CBOS	Public Opinion Research Centre
CEEP	European Centre of Employers and Enterprises Providing Public Services
CJEU	Court of Justice of the European Union
EC	European Communities
ECE	Eastern Central Europe
ECJ	European Court of Justice
EEC	European Economic Community
EES	European Employment Strategy
EESC	European Economic and Social Committee
ESF	European Social Fund
EIRO	European Industrial Relations Observatory
EIRR	European Industrial Relations Review
EMU	Economic and Monetary Union
ECSC	European Coal and Steel Community
ETUC	European Trade Union Congress
EPSU	European Federation of Public Service Unions
EU	European Union
EWL	European Women’s Lobby
GDP	Gross National Product
GIP	Central Workplace Inspection
GUS	Central Statistical Office
IMF	International Monetary Fund
KKP	Polish Employers’ Confederation; Employers of Poland
LPR	League of Polish Families
NSZZ	Independent Self-Governing Trade Union
OECD	Organization for Economic Cooperation and Development
OPZZ	All-Poland Alliance of Trade Unions
PiS	Law and Justice
PIP	National Workplace Inspection
PKPP	Confederation of Polish Private Employers ‘Lewiatan’
PLC	Polish Labour Code

PO	Civic Platform
PRL	People's Republic of Poland
PSL	Peasant Party
RP	Republic of Poland
SER	Standard Employment Relationship
SME	Small and Medium Enterprises
SLD	Left Democratic Alliance
UNICE	Union of Industrial and Employers' Confederations of Europe
UP	Union of Labour
UW	Freedom Union

Note: Some abbreviations and acronyms have been left in Polish, with the nomenclature being translated into English.

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